



Ard Rí Community National School

Ard Rí C.N.S, Balreask Old, Navan, Co. Meath.

Principal: Darragh Roe
Roll No 20352T



1st September 2025

Dear Parents / Guardians,

A **six-week block of swimming lessons** will commence for pupils in **Classes 1st to 6th** as follows:

Tuesdays (16th, 23rd, 30th of September and 7th, 14th, 21st of October)	Wednesdays (17th and 24th of September and 1st, 8th, 15th and 22nd of October)
11.30am <ul style="list-style-type: none">• Rang Aoife G 1st Class• Rang Aoife McC 4th Class• Rang Niamh H 5th Class 12.15pm <ul style="list-style-type: none">• Rang Ailis 1st Class• Rang Sarah 4th Class• Rang Charlotte 5th Class	12.15pm <ul style="list-style-type: none">• Rang Maria & Edel 3rd Class• Rang Niamh D 3rd Class 1.00pm <ul style="list-style-type: none">• Rang Laura 2nd Class• Rang Meghan 2nd Class• Rang Wilma 6th Class

In lieu of **hot lunches** on the days listed above, your child will receive a 5 piece cold packed lunch bag. Sample: Roll/sambo/pasta pot, fruit, popcorn, flapjack, juice. If your child is a picky eater you may wish to pack a small snack for them also.

Way2Pay

The cost of 6 lessons plus bus transport is €45. You will receive a payment request for this event from Way2Pay. Simply click the link on the SMS to pay in three easy steps. For this event payment will be seen as permission to attend.

If comfortable, on swimming days, your child should wear their swimming togs under their school tracksuit. Ensure your child has a swimming cap as they will not be admitted to the water without one. Please have all items of clothing clearly labelled. Encourage your child to practice changing their clothes independently at home. Your child's swimming bag must be big enough to fit all their belongings including footwear as all items are stored in lockers during lessons.



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This is a great opportunity for your child to practice independence. There will be plenty of school staff available to assist children if required. We aim for all children to take part in swimming without parental support. If you must assist your child in their changing for swimming fill in the request for attendance form below and return it to your child's class teacher. The swimming policy can be found in the policy section of the school website.

Aquatics is one of the strands of Physical Education. Should a child be unable to attend aquatics, due to a medical condition or other reasons, a letter must be written to the school requesting exemption.

Thank you for your co-operation.

Best regards,

Darragh Roe

If you wish to assist your child in their changing for swimming you must fill in the request for attendance form below and return it to your child's class teacher.

Request for Parental/Guardian Attendance at Swimming Lessons

I _____ (parent/guardian), request attendance at Swimming Lessons to assist my child _____ before and after his/her swimming lesson, for the academic year 2025/2026. I have read the Ard Rí CNS Swimming Policy and I agree to abide by it.

Signed: _____ parent/guardian

Date: _____

Principal Signature: _____