



# Ard Rí Community National School

Ard Rí C.N.S, Balreask Old, Navan, Co. Meath.  
Principal: Darragh Roe  
Roll No 20352T



## February-March Newsletter

### Building Update



LMETB's proposals for the new education campus at Academy Street for Ard Rí and St Ultan's has the green light to proceed to the detailed design phase. We still must be patient as a project of this size takes a long time, but it is a massive leap forward for us and a planning application is expected to be lodged later this year. To read the full article from the [Meath Chronicle click here](#)

### School Policies

**Code of Behaviour:** Pupil behaviour at Ard Rí CNS is very good. The school has a very positive environment and most behaviour is managed through rewards. Children are well-motivated, come to school and do their best. In some circumstances however, the school does need to apply a staged approach to reprimand negative behaviour. Where we feel it is necessary to give a child a card or remove a privilege it will be a team decision in co-operation with parents. Please read our [Code of Behaviour](#)

**Administration of Medication:** It is not safe for pupils to carry medication on their person or in their bag at school. We must follow the LMETB [Administration of Medication](#) policy. If your child uses medication at school you must contact the office, fill out a form and we will store and administer the medication centrally.

## Pupil Council

We are delighted to see the return of the Ard Rí Pupil Council. There are campaign activities planned for the lead up to election day on 20<sup>th</sup> February. We look forward to working with the elected council to ensure pupil's voice is heard in school based decisions.

## School Closures

<b>Mid Term Break</b>	16 <sup>th</sup> and 17 <sup>th</sup> of February
<b>St Patrick's Day</b>	17 <sup>th</sup> of March
<b>Teacher Training- full day closure</b>	20 <sup>th</sup> March

## PE/Tracksuit Day

<b>Múinteoir</b>	<b>Tracksuit day</b>
Niamh D JI	Wednesday and Friday
Laura JI	Tuesday and Friday
Ailis SI	Tuesday and Friday
Angela SI	Monday and Friday
Rachel 1 <sup>st</sup>	Monday and Thursday
Wilma 1 <sup>st</sup> /2 <sup>nd</sup>	Monday and Wednesday
Ruth 2 <sup>nd</sup>	Tuesday and Thursday
Lucy 3 <sup>rd</sup>	Wednesday and Friday
Niamh H 4 <sup>th</sup>	Monday and Thursday
Gráinne 4 <sup>th</sup> /5 <sup>th</sup>	Wednesday and Friday
Claire 5 <sup>th</sup> /6 <sup>th</sup>	Tuesday and Thursday
Cailín 6 <sup>th</sup>	Tuesday and Wednesday

## Parent Association

We are working closely with the Parent Association on a community project to teach cycle safety, the benefits of cycling for our health and the environment and to get to know different cycling groups and clubs in our community. If you have any ideas or if you can contribute in any way, please link in with Shelley- [parentsassociation.ardri@gmail.com](mailto:parentsassociation.ardri@gmail.com)

The Parent Association will be helping us celebrate Pancake Tuesday again this year with lots of yummy pancakes...we can't wait!!

## **Safer Internet**

Between now and Easter we will be incorporating Safer Internet lessons with the children. We use a suite of lessons from Professional Development Service for Teachers (PDST) called HTML Heroes. We will hold safer internet assemblies and we are arranging a visit from the Community Garda. There are useful parent resources which will compliment our work at school. You can visit the parent site here: <https://www.webwise.ie/teachers/resources/#Webwise-Parent-Resources>

## **Relationships and Sexuality Education**

Teachers will be commencing the Relationships and Sexuality education programme (RSE) in the coming weeks. RSE is an integral part of the Social Personal Health Education (SPHE) programme. RSE provides children with opportunities to develop knowledge, attitudes, beliefs and practical skills necessary to establish and sustain healthy personal relationships with self and others. In addition to learning about relationships, RSE invites children to explore concepts such as physical development and human sexuality. Topics are explored with children in a developmentally appropriate, spiral nature throughout their primary education. The sensitive elements of the Relationships and Sexuality education programme are covered under the Strand Units, 'Growing and Changing' and 'Taking Care of my Body'. We will be completing these Strand Units with all class levels during Term 2.

Co-operation between parents and teachers is essential to the success of this programme. It is important that parents are aware of the content of RSE lessons and can discuss the content with their children. Your child may bring home worksheets which will inform you on the topics being covered in class and how you can reinforce the messages and/or content at home.

You can familiarise yourself with the content of the RSE lessons at <https://pdst.ie/node/811> and the recently updated [Ard Rí CNS Relationships and Sexuality Education policy](#).