



# Ard Rí Community National School

Ard Rí C.N.S, Balreask Old, Navan, Co. Meath.

Principal: Darragh Roe

Roll No 20352T



## January Newsletter

### Parent Teacher Meetings

Teachers will be making a call to the parents of pupils in their class to discuss progress during the last week in January and the first week in February. Most calls will be made between 3pm and 5pm from a 'Private Number'. Each call will last 10 minutes. If you are not always free to answer, please email the office on ardricsn@lmetb.ie providing some times which would suit you and we will do our best to accommodate this.

### Tracksuit Days

Tracksuit Days for Term 2 are available on the calendar page of our website ([Click here](#)). We have expert coaches from our local Navan Rugby Club, Simonstown Gaels, Navan O'Mahoney's and Bective GFC working with the children this term. Some children may have missed their tracksuit day today- make sure they get two tracksuit days this week.

Rang	Tracksuit Days
Karen	11 Wednesday & Thursday
Eimear	11 Wednesday & Thursday
Sarah	11 Wednesday and Thursday
Angela	11/1 <sup>st</sup> Wednesday & Thursday
Maria	1 <sup>st</sup> Wednesday & Thursday
Nicola	2 <sup>nd</sup> Tuesday & Thursday
Cailín	3 <sup>rd</sup> Monday & Friday
Ruth	3 <sup>rd</sup> Monday & Wednesday
Jack	4 <sup>th</sup> Monday & Friday
Niamh	5 <sup>th</sup> /6 <sup>th</sup> Monday & Tuesday
Patrick	5 <sup>th</sup> /6 <sup>th</sup> Monday & Tuesday



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## Stay Safe

We are planning to teach a personal safety education programme called 'Stay Safe' to all classes over the next few weeks. The aim of the Stay Safe programme is to teach children personal safety skills so they can look after themselves in situations which could be upsetting or dangerous. It deals initially with common situations which most children will experience at some stage or other, e.g. getting lost or being bullied. The programme also teaches children the safety skills necessary to protect themselves from physical or sexual abuse and emphasises the importance of telling a trusted adult about any problems they have.

The Stay Safe programme is part of the Social, Personal and Health Education curriculum which all primary schools are required to implement.

Co-operation between parents and teachers is essential to the success of this programme. It is important that parents are aware of the content of the Stay Safe lessons and can discuss the lessons with their children. Your child may bring home worksheets which will inform you on the topics being covered in class and how you can reinforce the messages at home.

You can familiarise yourself with the content of the Stay Safe lessons at [www.staysafe.ie/teachers/resources.htm](http://www.staysafe.ie/teachers/resources.htm). Please contact the school if you wish to discuss the programme further.



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## Tusla Returns

As mandated persons, schools are required to report when a child is absent for more than 20 days in a school year. Aladdin generates an automatic notification when a child reaches 15 days absent. We understand children cannot come to school when they are sick. Tusla are only concerned where absence is unexplained or if the school have a child protection concern. Please continue to give reasons for your child's absence in the Attendance and Notes section of the Aladdin App.

## School Uniform

At the end of this month, Kidstuff, our school uniform supplier, will close its doors after 25 years in Navan. We would like to thank Louise for her service. There is a SALE on remaining Ard Rí stock. We are currently working on securing a new uniform supplier.