



Ard Rí Community National School

Ard Rí C.N.S, Balreask Old, Navan, Co. Meath.

Principal: Darragh Roe

Roll No 20352T



Coronavirus (Covid-19)

We are receiving regular advice from LMETB and the [Department of Education](#) on how to protect ourselves from the Coronavirus at school. The advice recommends that we:

- Wash hands properly and regularly
- Cover our mouth and nose with a tissue or our sleeve when we cough and sneeze
- Put used tissues into a bin and wash our hands
- Clean and disinfect frequently touched objects and surfaces
- Follow up to date guidelines from the [HSE](#)

We recommend your child carries a small personal hand-sanitiser and packet of tissues and gets into the habit of using these. We will be displaying [HSE Information Posters](#) around the school. We will be holding a Poster Competition to promote good habits in reducing the spread of germs. We encourage parents to inform their children about the facts of Coronavirus in an age appropriate manner. Have a calm and positive approach even if you are worried.

(Updated 01.03.2020)



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March Newsletter

Goodness Me Goodness You!

As part of children's learning in the 'Beliefs and religions' strand of Goodness Me! Goodness You!, children are encouraged to participate in a 'Family Project'.

Children learn about a concept in school and are asked to investigate this concept from their own perspective, with the help of their family. Upon completion, children return their projects to their class teacher and may present their project to their peers. The 'Family Projects' form the basis of classroom discussions and provide a great opportunity for the children to learn more about themselves and their friends.

To prepare your child for this, we would ask that a parent or guardian complete a **family project** with their child at home. A family project is an activity that requires children and a parent/guardian to sit down and discuss a topic from their own perspective.

Family Projects will be about Beliefs and Practices

Swimming for children in 1st, 3rd & 4th Class will continue Wednesdays. Block 2 for pupils in Senior Infants, 2nd, 5th & 6th Class will begin straight after Easter on Tuesday 21st of April- more information to follow.

There will be an Open Parent Association Meeting at the school at 9am on Monday 9th of March.

We will celebrate Seachtain na Gaeilge from 9th to the 13th of March. We will hold cultural and Irish language activities every day. There will be a non-uniform day on Friday 13th of March and we encourage the children to wear something green to celebrate St Patrick's Day.

Reminder: School will close at 12pm on Friday 13th of March to facilitate Professional Development for staff in the Primary Language Curriculum.

The school will be closed on Monday 16th and 17th of March for St Patrick's Day.

Food Dudes will be back at Ard Rí for one week starting Monday 23rd of March. We will be promoting Healthy Eating. The Food Dudes will deliver yummy fruit and veg every day for the boys and girls. If you need a little reminder of what food goes into a healthy lunchbox have a look at our [Healthy Eating Policy](#)

Pi (π -3.14) Day will be held on the 26th of March. We will have a celebration of Science, Technology, Engineering and Mathematics.



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Mile with a Smile

The Parent Association Walking Group will be meeting in Blackwater Park on Sunday 29th of March. Pop along between 10 and 11am. There will be a certificate for all families who complete the 1 mile loop. Children can play with their friends and families can enjoy the park facilities.



School will close for Easter Holidays on Friday 3rd of April at 12pm.